

For Immediate Release

Contact: Gabe Ross
(916) 6439145
gabeross@scusd.edu

Madalynn C. Rucker
(916)2851810
mcrucker@ontrackconsulting.org

ONTRACK and SCUSD awarded federal grants for youth mental health services

November 13, 2015 (Sacramento) ONTRACK Program Resources and the Sacramento City Unified School District have been awarded three-year grants from the federal Substance Abuse and Mental Health Services Administration to train adults in Youth Mental Health First Aid.

With this Project AWARE Community Grant's funding, parents, guardians, community members and SCUSD staff will learn how to recognize the signs of mental health issues in children. ONTRACK and the school district will be coordinating services and focusing on youth in the Meadowview area of Sacramento.

We must increase mental health awareness and knowledge in order to decrease stigma. It is critical that those working with youth know the signs of mental health crisis so that our youth can receive access to the care they need as soon as possible," said Congressman Doris Matsui, who helped secure the grants.

Experiencing behavioral health challenges to needed mental health and addictions treatment and support services," said Madalynn C. Rucker, ONTRACK's chief executive officer.

About SCUSD:

The Sacramento City Unified School District is the 10th largest K-12 district in California, serving 43,000 students on 76 campuses. SCUSD's Board -